Diabetes

While type one diabetes may affect one’s ability in sports, the  
effects can be managed through monitoring blood sugar levels and giving them a boost when necessary.

Type one diabetes affects people’s ability to do something with blood sugar idk. This causes people affected to lose energy as their blood sugar levels drop, which happens a lot faster during extraneous activities, such as sports. This can be accounted for by consuming fast acting carbohydrates while participating in rigorous sports in order to counteract this loss.